

Compassion and Confidence

The 21-Day Self-Love Challenge: Learn How to Love Yourself Unconditionally, Cultivate Self-Worth, Self-Compassion and Confidence

**THE 21 DAY
SELF-LOVE
CHALLENGE**
LEARN HOW TO LOVE YOURSELF UNCONDITIONALLY,
CULTIVATE SELF-WORTH, SELF-COMPASSION AND CONFIDENCE



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Book Review

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(Dorothy Daugherty)

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