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## The Human-Powered Home: Choosing Muscles Over Motors

By Tamara Dean

New Society Publishers. Paperback. Book Condition: new. BRAND NEW, The Human-Powered Home: Choosing Muscles Over Motors, Tamara Dean, "The Human-Powered Home is a level-headed book which focuses on informing and entertaining. There is no utopian hyperbole, just useful facts and anecdotes that provide the foundation necessary to take appropriate action. Dean has produced an accessible primer for novices in the area of people power as well as a book that is thorough enough to benefit even experienced tinkerers. - Joel Gillespie, Momentum Magazine "Tamara Dean, author of The Human Powered Home, doesn't want anyone to get the wrong idea. Creating one's own power is not an easy undertaking. But it can be very energizing. The bicycle is the real hero in the book. There are photos and descriptions of dozens of jury-rigged devices, built to do everything from wash clothes to make soap to power laptops. While it's a thorough guide for confident do-it-yourselfers, the book also details how pedal and treadle power can make life-changing differences globally." - Marsha Walton, Mother Nature Network What if I could harness this energy? An unusual question for anyone putting in a long stint on a treadmill perhaps, yet human power is a...



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