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## In Control: A Guide for Teens with Diabetes

By Susan Thom

Wiley. Paperback. Book Condition: New. Paperback. 128 pages. Dimensions: 8.5in. x 5.6in. x 0.4in. How to Make the Best Choices About Your Health Finally, a book about diabetes that you'll actually want to read! This helpful and highly readable guide explains everything you need to know to get you through the teen years. Straightforward and current, this one-of-a-kind book tackles the issues and answers the questions you may face, including: Is it time for me to handle more of my diabetes care? What can I do about mood changes? What about junk food or fast food? When should I tell my boyfriend or girlfriend about my diabetes? Does diabetes affect my sexuality? How do I choose, talk to, and negotiate with my medical team? Practical, meaningful, and highly enjoyable. There are not many books out there for teenagers with diabetes. In Control fills a gap and really meets that need. --JoAnn Ahern, RN, MSN, CDE Pediatric Diabetes Clinical Nurse Specialist, Yale University Books to Fund a Cure A portion of this book's proceeds will go to the Juvenile Diabetes Foundation International, a not-for-profit voluntary health agency, whose primary objective is to support and fund research to find the cause, cure, treatment, and...



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### Reviews

*Merely no words to spell out. It is amongst the most awesome publication i have read. Your life span will likely be transform as soon as you full reading this book.*

-- **Marvin Okuneva**

*Completely among the best publication I have got at any time go through. I have got go through and so i am confident that i will likely to read again once more down the road. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Zachery Mertz**

## Other Books

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### **The Day I Forgot to Pray**

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...

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DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...

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DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...

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